



GOLDEN **RULES of SAFETY**

LIFTING

Never lift more than you can comfortably handle.

SHOES

Slip resistant shoes are mandatory

CUTTING

Cut resistant gloves are mandatory

CLEANING

Clean up spills and hazards immediately

HEAT

Use only oven mitts to grasp hot items, not towels or other articles

GEAR

Wearing protective equipment is required around chemicals, equipment or hazards

BIG OR SMALL - REPORT THEM ALL!